

Post Care Laser 360

- Immediately after treatment, the area treated will feel like a sunburn and may be mildly to severely (very rare) swollen over the next 24 hours (anit-inflammatory medications, numbing cream, keeping your head elevated and cold compresses will help with this). REMEMBER that your skin is extremely delicate so be gentle.
- You may shower but avoid excessive scrubbing over the next 72 hours and pat the skin dry versus rubbing.
- Avoid picking any blisters or scabs on the treated skin to achieve your best results. If any crusting occurs, apply antibiotic cream.
- Make-up may be worn after 24 hours. New make-up, ideally mineral, should be worn.
- Your face will be red for 24-72 hours and will begin to shed and flake over the next 2-10 days.
- The appearance of white or brown dots that will dry and feel rough is to be expected and should be treated with a mild exfoliant once the redness and tenderness have dissipated.
- Obagi SPF and our Recovery Kit are HIGHLY recommended for your skin's protection and ease of healing. Our kit provides you with products and daily instructions for healing and maximizing your results.
- Avoid direct sun exposure for 1-2 weeks using SPF and a hat if necessary. Avoid tanning beds for at least 2 months and during the course of treatment (we suggest avoiding them forever😊).
- Full recovery will occur by days 6-10 and your best results will be seen in 30-60 days when collagen has peaked.
- Rejuvalase will call you within 48 hours to follow-up but you may contact us before then if you have any questions or concerns.

www.rejuvalase.com/540.720.8881